



JUNIOR SUPER EXCELLENCE TOURNAMENT

AIX EN PROVENCE

**DECEMBER 16 AND 17,
2023**

**VAL DE L'ARC SPORTS COMPLEX
35 AVENUE DES INFIRMARIES
13100 AIX EN PROVENCE**

DECEMBER 16/17, 2023

**VAL DE L'ARC SPORTS COMPLEX
35 AVENUE DES INFIRMERIES 13100 AIX EN PROVENCE**

PROGRAMME

- **Friday December 15, 2023 (no weight tolerance)**

- From 5 p.m. to 7 p.m.: weigh-in for Saturday categories, random weigh-in possible on 16/12 (5% margin)

- **Saturday December 16, 2023 (1kg tolerance)**

- 8 a.m.: Doors open
- 8:30 a.m./9 a.m.: Weigh-in for women -44kgs, -48kgs and men -55kgs and -60kgs
- 9:30 a.m.: Start of fighting
- 12 p.m./12:30 p.m.: Weigh-in for women -52kgs and men -66kgs
- 1 p.m.: Start of fighting
- 2 p.m./2:30 p.m.: Weigh-in for women -57kgs and -63kgs
- 3 p.m.: Start of fighting
- Estimated end: 6:30 p.m.

- **Saturday December 16, 2023 (no weight tolerance)**

- From 5 p.m. to 7 p.m.: weigh-in for Sunday categories, random weigh-in possible on 12/17 (5% margin)

- **Sunday December 17, 2023 (1kg tolerance)**

- 8 a.m.: Doors open
- 8:30 a.m./9 a.m.: Weigh-in for women -70kgs and men -73kgs and -81kgs
- 9:30 a.m.: Start of fighting
- 12 p.m./12:30 p.m.: Weigh-in for women -78kgs, +78kgs and men -90kgs, -100kgs, +100kgs
- 1 p.m.: Start of fighting
- Estimated end: 5 p.m.

Only athletes who have paid their registration will be able to weigh themselves.

REGULATION

- **SEX:** Female and male
- **YEARS OF BIRTH:** Juniors (2004/2005/2006), Cadets 2 and 3 (2007/2008)
- **NATIONALITY:** Open to all federations affiliated to the IFJ.
- **ARBITRATION:** The FFJDA regulations for the 2023/2024 season will be applied – White judogi
- **GRADES - LICENSE - PASSPORT - MEDICAL CERTIFICATE:**
 - Minimum green belt
 - Two years of FFJDA license including that of the current year.
 - Passport under 8 years old
 - Mandatory medical certificate (see FFJDA regulations)
 - For foreign competitors, an identity document as well as authorization from their federation will be requested.
- **FIGHT TIME:** 4 minutes
- **COMPETITION FORMULA:** 8 fighters and more: Double repechage table, 6 or 7 fighters: 2 groups + table (first 2 qualified for the ½ finals), less than 6 fighters: groups
- 6 combat surfaces
- **REGISTRATION FEES:** €15/fighter from European countries, free for countries outside Europe
- For French athletes, registration by extranet until midnight 13/12/2023
- Foreign teams must register via the form before 13/12/2023

Payment is possible by transfer to the following IBAN: FR76 1130 6000 1048 1202 8374 268 with the wording “TSEJ + club name” or by check payable to the PACA Judo League at the following address:
Paca Judo League, Regional Sports Centre, Boulevard des Écureuils - 06210 Mandelieu.
Upon receipt of your payment your athletes will be registered as qualified for the tournament.

EXTRANET MANDATORY - NO REGISTRATION ON SITE

[illegible]

INFORMATION / HOTELS

- **Hotel Ibis (200m)**

Chemin des Infirmeries, 13100 Aix en Provence - 04 42 27 98 20

[Website](#)

- **Novotel Beaumanoir (700m)**

Résidence Beaumanoir, Rue Marcel Arnaud, 13100 Aix-en-Provence - 04 42 91 15 15

[Website](#)

- **Novotel Aix en Provence Pont de l'Arc Fenouillères**

Av. de l'Arc de Meyran, 13100 Aix-en-Provence - 04 42 16 09 09

[Website](#)

- **Hotel Escale Oceania (800m)**

12 Avenue de la Cible, 13100 Aix-en-Provence - 04 42 37 58 58

[Website](#)

- **Hotel Campanile (2.5km)**

1 rue Jean Andreani, Pont de l'Arc 13090 Aix-en-Provence - 04 42 26 35 24

[Website](#)

- **B&B Pont de l'Arc (1.5km)**

Avenue de l'Arc de Meyran 13100 Aix-en-Provence - 08 92 70 75 02

[Website](#)

INFORMATION

PACA JUDO LIGUE

4 RUE RANQUE 13001 MARSEILLE

LIGUEPACA-SUD@FFJUDO.COM

TECHNICAL MANAGER: PHILIPPE BLANQUET 07.61.43.49.67

ADMINISTRATIVE MANAGER (PAYMENT): 04.93.39.71.85

**FROM MONDAY 18 TO WEDNESDAY 20 DECEMBER
2023 - 12 P.M.**

**VAL DE L'ARC SPORTS COMPLEX
35 AVENUE DES INFIRMERIES 13100 AIX EN PROVENCE**

JUNIOR COURSE AIX EN PROVENCE

FULL PROGRAM

	Monday 18 December	Tuesday 19 December	Wednesday, December 20	
09:00	Stage 9h/ 11h30	Stage 9h/ 11h30	Stage 9h/ 11h30	
09:30				
10:00				
10:30				
11:00				
11:30				
12:00	Meals at the CROUS	Meals at the CROUS	Meal/ Departure	
12:30				
13:00				
13:30				
14:00				
14:30				
15:00				
15:30				
16:00				
16:30	Stage 16h - 18h30	Stage 16h - 18h30		
17:00				
17:30				
18:00				
18:30				
19:00	Meals at the CROUS	Meals at the CROUS		
19:30				
20:00				
			Note: schedules may change slightly.	

Note: schedules may change slightly.

Prices stage/person, without accommodation

Selected meals (lunch and dinner) will be taken at the CROUS, starting on monday, shuttles will be organized to get there

Stage must be paid for in advance, directly to the Ligue see below

<u>Choice</u>	Outdoor or stand-alone	1 meal	2 meals	3 meals	4 meals	5 meals
Tarif Internship + CROUS meal	10€	20€	40€	60€	70€	80€

STAGE

**FROM MONDAY 18 TO WEDNESDAY 20 DECEMBER
2023 - 12 P.M.**

**VAL DE L'ARC SPORTS COMPLEX
35 AVENUE DES INFIRMERIES 13100 AIX EN PROVENCE**

Internship registration via the link: <https://forms.office.com/e/3gVT4bTd37>

Payment is possible by transfer to the following IBAN: FR76 1130 6000 1048 1202 8374 268 with the wording "SJA+ club name" or by check payable to the PACA Judo League at the following address:
Paca Judo League, Regional Sports Centre, Boulevard des Écureuils - 06210 Mandelieu.
Upon receipt of your payment your athletes will be registered for the course.

PACA JUDO LIGUE
4 RUE RANQUE 13001 MARSEILLE
LEAGUEPACA-SUD@FFJUDO.COM

TECHNICAL MANAGER: PHILIPPE BLANQUET 07.61.43.49.67
ADMINISTRATIVE MANAGER (PAYMENT): 04.93.39.71.85